



Maintenance and Cleaning Guide for Rubber Tiles and Fitness Flooring

Your CLAWGRIP® rubber flooring has been designed for intensive use in gyms, CrossFit boxes, personal training studios, functional training areas, and home gyms. Proper maintenance will help preserve the appearance, hygiene, safety, and performance of your floor for many years.

Daily Maintenance

- Regularly remove dust, dirt, and sand using a soft broom or vacuum cleaner.
- Clean up any spilled liquids immediately.
- Only use soft brushes or vacuum attachments to prevent damage to the surface.

Weekly Cleaning

1. Thoroughly sweep or vacuum the floor.
2. Fill a bucket with lukewarm water.
3. Add a pH-neutral cleaning solution.
4. Clean the floor using a lightly damp mop.
5. If necessary, rinse with clean water.
6. Allow the floor to dry completely before intensive use.

Deep Cleaning

For gyms, CrossFit facilities, and other commercial applications, we recommend:

- Regular cleaning with an automatic Combiwasher.
- The use of a pH-neutral floor cleaner.
- At least one to two deep cleaning sessions per year.



CLAWGRIP®

Stain Removal

- Use a soft cloth or sponge.
- Clean the affected area with lukewarm water and a mild detergent.
- If necessary, use a diluted solution of water and white vinegar.
- Always test any new cleaning product on an inconspicuous area first.

Do Not Use

- Bleach or chlorine-based products
- Acetone
- Turpentine
- Petrol or gasoline
- Solvents
- Strong acidic or alkaline cleaners
- Abrasive cleaning products
- Steam cleaners
- Wire brushes or abrasive pads

Preventive Care Tips

- Place entrance mats at all access points.
- Regularly remove chalk and magnesium residue.
- Use protective boards under heavy equipment when moving it.
- Avoid prolonged exposure to oils, grease, and chemical substances.

Warranty and Lifespan

A properly maintained CLAWGRIP® floor will retain its appearance, shock-absorbing properties, and functionality for many years. Regular maintenance significantly extends the lifespan of the flooring and contributes to a safe and professional training environment.